



RE: School Avoidance Support

As many of us have seen, the rate of school avoidance is increasing as the academic year progresses. We are offering ongoing support for students who want to be in school, but find they can't make it in every day due to anxiety, depression, feeling too far behind, social pressures and more. If your student needs help prioritizing past due assignments, encouragement to reach out to teachers, and catch up on work with the support of a tutor, our Back on Track program can help.

We have an executive functioning support person who works with students to activate their self-advocacy skills and remain in the game, so to speak. We also have licensed clinical mental health providers to check in if/as needed. Our homelike setting is welcoming and you will often find a dog walking around interacting with students and kids munching on Culvers while they are pushing through assignments. As liaisons with the school, our ultimate goal is providing the option of keeping kids in school, even if it's not every day, and prevent a higher level of care.

Beginning April 3rd, our regular hours for Back on Track will be Mondays and Thursdays from 12-2 pm for small group support. If your student requires more one on one tutoring or coaching, that can be arranged as well. A parent or guardian must be the one to sign their child up so that we can communicate with the school and note their time here as an excused absence.

For more information or to sign up in the future, call or text Christa at Glenn Counseling 847.650.4970. We are conveniently located at 1249 Waukegan Rd in Glenview, just south of Lyon School. Cost is \$50 per hour.