



GLENN
Counseling Center

Teen Processing Group (ages 13-17)

Tuesdays 5:30-7:00 pm

Beginning April 4th, 2023

Beginning Tuesday April 4th, 2023 we will be offering a teen processing group for those who are looking to connect with peers while sharing experiences with social anxiety, depression, peer issues, school avoidance and more. This is a laid-back experiential group where we engage in topic driven discussion, enjoy snacks (sometimes a dog) and participate in relevant activities.

This group will be led by Lisa Synnestvedt, LCPC and Jenna Duerig, LCPC. Jenna is an adolescent therapist who works at Northshore's PHP/IOP program in Deerfield and shares a spirited, relatable, accepting vibe with individuals and groups.

Cost: \$200 per month

For more information, please text/call Christa at 847.650.4970